

Program for the Low-Radiation Camping Week in Maashorst (The Netherlands) 2026

(Version 20-7-2026. Subject to change)

Wednesday 19 and Thursday 20 August

You're welcome to come along to the campsite from 2.00 pm on Wednesday. There's no official programme, but activities are sure to spring up.

Friday 21 August: Talks by Paul Lammerts and Sylvia Slegers

- 11.30 am – 12.30 pm Paul Lammerts of EMV Bewust: Practical presentation: 'How is an EMV measurement carried out?'
- 2.00 pm – 3.00 pm Sylvia Slegers on her latest book, 'How Smart Do You Want to Be?'

Saturday 22 August: National Open Day, EHS Foundation

Theme: Accessibility and Radiation Exposure

9.00 – 10.00 am Arrival, coffee and tea / breakfast

Morning programme

- 10.00 am- 10.15 am Welcome, introductions and practical matters – Chairperson
- 10.15 am - 10.45 am Update on the EHS Foundation – Chantal Halmans
- 10.45 am - 11.45 am Presentation and discussion on Accessible Banking by Thijs Hardick, in collaboration with an ASN employee
- 11.45 am – 12.15 pm Break and opportunity to visit the stands
- 12.15 pm – 1.00 pm Developments in radiation exposure: Frank Zweers and Lizzy Weeber – EMF map of the Netherlands
- 1.00 pm – 2.30 pm Lunch and the opportunity to visit the stands

Afternoon programme

- 2.30 pm – 4.00 pm A choice of various workshops
- 6.00 pm – 7.00 pm Dinner

Evening programme

- 19.30 - 21.00 uur Evening walk
- 21.00 – 23.00 uur Music and dance – Chantal en Johan

Sunday 23 August: International Day

8.00 - 9.00 am Waking up with Yoga - Vincent

Thema: van min naar plus

9.00 -10.00 am Arrival, coffee and tea / breakfast

Morning programme

10.00 -10.30 Opening address by the chair – Update from [Europeans for Safe Connections](#): Rob van der Boom (Chair of ESC)

10.30 -11.30 Writer, philosopher and filmmaker [Floris van der Pol](#) will be screening his new essay film, 'We were raised offline'. Afterwards, we'll be discussing how we can resist the power of big tech.

11.30 -12.00 am Break and opportunity to visit the stands

12.00 am -1.00 pm Sander Funneman and Anne-Marie Meevis 'Everything in nature is hyper-electrosensitive'. Sander and Anne-Marie take us on a journey that reveals how everything in the ecosystem functions through – and is sensitive to – natural electricity and magnetism. In the afternoon, Sander and Anne-Marie will lead a follow-up workshop on this topic.
<https://electriclifebook.com/>

1.00 pm – 2.30 pm Lunch and the opportunity to visit the stands

Afternoon programme

2.30 – 4.00 pm A choice of various workshops

4.30 – 5.30 pm Folk dancing. What brings people together more than dancing together? Thanks to the simple steps, anyone can give it a go.

6.00 - 7.00 pm Dinner

Evening programme

8.00 pm – until ?? Open mic night. Sign up at the registration desk on the day

Monday 24 August to Wednesday 26 August

You're welcome to stay and camp until 12.00 on Wednesday. There's no official programme, but activities are sure to spring up.

Programme notes and speakers' biographies

Paul Lammerts "Practical presentation: how is an EMV measurement carried out?"

During this presentation, Paul Lammerts from [EMV Bewust](#) demonstrates how an EMF measurement is carried out in practice. He shows the key measuring equipment, explains which electromagnetic fields are being investigated, and carries out a few simple measurements. In doing so, he explains how he identifies potential sources, assesses the measured values, and explores what practical improvements might be possible. The emphasis is on observing, experiencing and understanding what happens during a measurement. Paul will also demonstrate his travel router. This mobile 4G router can be positioned at a distance from the user, whilst the internet connection is transmitted via a cable. This means that people who are sensitive to wireless signals may still be able to use mobile internet.

An accessible and practical presentation for anyone who wants to know what an EMF measurement involves and how it is carried out in practice.

Sylvia Slegers on 'How Smart Do You Want to Be?'

Sylvia Slegers' exploration of the downsides of 'wireless' began around the turn of the century, as she had increasingly begun to question the safety of this technology at that time. Not least because, in her work as a teacher in secondary and vocational education – roughly coinciding with the rise of mobile phones and wireless internet – she was increasingly encountering pupils and students suffering from headaches, insomnia and concentration problems.

She wondered whether the two might be linked. This led her to delve deeper into the subject, during which she came across a wealth of independent scientific research that confirmed her suspicions. It was quite a shock. Since then, she has therefore focused on raising awareness of the risks associated with screen use and radiation, including by writing articles and giving presentations and interviews.

More information: <https://www.opnaareenstralendetoekomst.nl>



In her latest book, *How Smart Do You Want to Be? Always Online: Not Nearly as Innocuous as It Seems*, was written with the aim of providing a comprehensive overview of the under-reported aspects of the wireless convenience we all so eagerly make use of.

- What makes smartphones and social media so addictive?
- Are there ways to use our screens more sensibly?
- What do we know about the risks of wireless technology?
- Can it cause health problems?
- What do doctors and scientists say about this?
- Are the exposure limits really as safe as the government claims?
- What can we do to protect ourselves and our children?
- Could it be that bees, trees and biodiversity are suffering as a result of radiation?
- And much more ...

Floris Leest: 'We were raised Offline'



Floris van der Pol (1991) is a writer, philosopher and filmmaker who has been living without a smartphone of his own accord for ten years. In his role as an 'offluencer', he explores how we have become massively addicted to the internet and how we can break free from it. He will screen excerpts from his new essay film 'We were raised offline' and discuss how we can resist the power of big tech. You can find more information here: <https://florisleest.nl/>

Sander Funneman and Anne-Marie Meevis: 'Everything in nature is hyper-electrosensitive'

Due to the possibility of international participants, the lecture and workshop will be held in English, with Dutch translations provided where necessary.

Morning lecture: 'Everything in nature is hyper-electrosensitive'

The standard way of thinking in our culture – and the one we have all been brought up with – is that everything is physical and chemical. However, scientific research now confirms that electromagnetism is omnipresent and that everything in the ecosystem functions through, and is sensitive to, natural electricity and magnetism; bacteria, bees, trees, humans, fish, birds, etc. ... everything in nature is hyper-electrosensitive. Sander's latest book, *Elektrisch Leven* – published in English under the title *Electric Life* – serves as the guiding thread for this lecture, unlocking the ABCs of the ecosystem, thereby potentially creating space for a renewed sense of connection with the natural world and trust in the sensitivity of your own systems.

Afternoon workshop: 'Connecting with the wider context'

Natural electrical processes are constantly taking place within our bodies and are simultaneously reflected in the human energy field. During this workshop, Sander and Anne-Marie will guide you in exploring the subtle electrical dynamics that influence and sustain us – such as the constant electrical input from both the Earth and the Sun, which play a role in our physical and mental state. In the light of this broader energetic context, everything appears to be interconnected, raising the question: might electro-sensitivity not so much be an ailment as a prerequisite for communicating with nature and the wider context on different levels? Might enhancing and deepening our electro-sensitivity be an important quality in preparation for a future with more energy?



About Sander Funneman



Sander Funneman began his career as a lecturer in general economics and statistics in higher vocational education. As an investigative journalist, he has spent decades focusing on the invisible energy dimension of life and has written several books on the subject, including **Electric Ecosystem** and **Electric Context**. He has also co-authored works with various scientists and experts in fields such as the bio-electrical properties of trees, and regularly contributes to **Optimist Magazine**. During the camping week, he and his wife Anne-Marie have been invited to share their insights and knowledge with us. Using a colourful mix of film clips, stories and exercises, amongst other things, they create an engaging and accessible experience that is both scientifically grounded

and inspiring. If you'd like to find out more, visit www.electriclifebook.com or follow Electric Life on LinkedIn or Instagram.

Deze week is georganiseerd door: [Stichting EHS](#)

